

# Margie E Perez-Padilla, Pharm.D., BA.

## CONTACT INFORMATION

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Residence: 5716 Burning Tree ♦ El Paso, TX 79912 ♦ (512)653-0774  
Office: UTEP/UT Austin Cooperative Pharmacy Program ♦ 1100 N. Stanton, Suite 301 ♦ El Paso, TX 79902 ♦ (915)747-8532 ♦ Fax: (915)747-8521 ♦ [meperez@utep.edu](mailto:meperez@utep.edu)  
Centro San Vicente Clinic ♦ 8061 Alameda ♦ El Paso, TX 79915 ♦ (915)859-7545 ext 297, 265 ♦ Fax: (915)859-9862

## LICENSURE and EDUCATION

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2005-2006 Specialty Residency in Primary Care, June 2006  
The University of Texas at Austin, Austin, TX  
August 2005 Pharmacy Licensure  
Texas State Board of Pharmacy, License # 43618  
2000-2005 Doctor of Pharmacy, May 2005  
The University of Texas at Austin, Austin, TX  
1994-1998 Bachelor of Arts in Biology, December 1998  
Our Lady of the Lake University. San Antonio, TX

## FACULTY APPOINTMENTS

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2006-present Research Assistant Professor ♦ UTEP/UT Cooperative Program, El Paso, TX  
2005-2006 Clinical Instructor ♦ The University of Texas at Austin College of Pharmacy, Austin, TX

## CLINICAL PRACTICE EXPERIENCE

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2006-present Clinical Practitioner of Clinical Services/ Residency Director/Consultant  
♦ Centro San Vicente Clinic, El Paso, TX  
2005-2006 Clinical Pharmacist/Resident ♦ Blackstock Family Practice, Austin, TX

## PHARMACY RESIDENCY EXPERIENCE

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July 2005- July 2006 **Specialty Residency in Primary Care** ♦ Seton Blackstock, Austin, TX  
Residency Director: Debra Lopez, PharmD, CDE

### Longitudinal

#### Responsibilities

#### Anticoagulation Clinic

##### **Evaluation/Assessment:**

♦ Established appropriate INR and duration of therapy ♦ Assessed for signs and symptoms of bleeding, subtherapeutic response and compliance

##### **Therapy (In accordance to established collaborative practice agreement):**

♦ Initiated warfarin therapy ♦ Adjusted warfarin therapy to appropriate INR ♦ Managed warfarin interactions

##### **Monitoring:**

♦ Followed INR/PT ♦ Fingertick INR using Coagucheck® ♦ Ordered labs

##### **Education:**

♦ Provided patient education ♦ Drug/food interactions ♦ Dietary Considerations

#### Diabetes Clinic ♦ Medication Management Clinic

#### Responsibilities

##### **Insulin therapy:**

◆ Adjusted/titrated current insulin regimen ◆ Intensified current insulin regimen ◆ Started insulin therapy in type 2 patients

**Oral antidiabetic agents:**

◆ Adjusted medication therapy ◆ Started combination oral therapy ◆ Started bedtime insulin/daytime oral agent combination

**Self Blood Glucose Monitoring (SMBG)**

◆ Selected and trained patient on appropriate meter ◆ Trouble-shooted meter ◆ Reviewed patient technique ◆ Established paperwork for free meter

**Physical Assessment:**

◆ Checked blood pressure, pulse, weight ◆ Monofilament testing/foot examination ◆ Fingerstick using SureStep® meter ◆ Ordered labs (A1C, Urine micro, CMP, BMP)

**Education:**

◆ Educated on disease state and goals ◆ Educated on new insulin starts ◆ Nutritional and dietary Counseling ◆ Set-up indigent programs for patient supplies such as shoes and scooters

**General Pharmacy Clinic**

**Asthma:**

◆ Interviewed patients for signs of poorly controlled Asthma ◆ Evaluated trends in peak flow meter readings ◆ Assessed severity of Asthma ◆ Therapy was titrated to optimal control (step-up therapy) ◆ Step-down therapy ◆ Monitored peak flow meter ◆ Educated patient on disease management ◆ Educated patient on use of home peak flow meter

**Hyperlipidemia:**

◆ Assessed CHD risk assessment/stratification ◆ Evaluated need for drug therapy ◆ Adjusted therapeutic regimen to reach LDL goal ◆ Initiated combination regimen ◆ Monitored lipid panel, side effects, and compliance ◆ Educated on life-style modifications, diet counseling and medication compliance

**Hypertension:**

◆ Evaluated need for drug therapy ◆ Followed-up on BP readings, side effects, compliance and recent medication adjustments ◆ Titrated medication to reach desired target goal ◆ Educated on life-style modifications, salt restriction and medication compliance

**Smoking Cessation:**

Evaluated dependency and developed a plan to stop according to the "5 As" (Ask, Advise, Assess, Assist, Arrange) ◆ Initiated OTC or prescription medication ◆ Followed-up for management of withdrawal, cravings ◆ Educated on life-style modifications, coping mechanisms, reason/roadblocks to quitting ◆ Alternatives to smoking/breaking the links

**Family Rounds**

◆ Rounded with family practice team ◆ Provided patient education ◆ Monitored and made medication adjustments ◆ Provided drug information to healthcare professionals ◆ Monitored patient labs ◆ Monitored adverse events and drug interactions ◆ Documented patient outcomes

**Refill Clinic**

◆ Monitored labs and made medication adjustments for chronic disease states such as for Hypertension, Hyperlipidemia, Diabetes Mellitus, GERD, Asthma/COPD and Hypothyroidism

**Diabetes and Depression Research Study**

◆ Educated and counseled on depression, adverse events and drug interactions ◆ Monitored blood glucose using A1cNow® InView Monitor ◆ Assessed patient's depression using QIDS-SR, PHQ-9 and UAC ◆ Conducted weekly phone calls

Responsibilities

Responsibilities

Responsibilities

Responsibilities

## Required Rotations

- July 2005 **Academic Rotation** ♦ University of Texas at Austin College of Pharmacy, Austin, TX  
Preceptor: Patrick Davis, PhD  
♦ Discussed a variety of teaching tools and theories ♦ Developed a case presentation for Emerging Disease elective
- September 2005 **Primary Care Rotation** ♦ Scott & White Clinic, Taylor, TX  
Preceptor: Patricia A. Tabor, PharmD, BCPS  
♦ Anticoagulation Clinic ♦ Clinic Administration ♦ Medication adjustment ♦ Fingerstick INR ♦ Educated and counseled patients on disease states and therapy
- October 2005 **Primary Care Rotation** ♦ Scott & White Clinic, Georgetown, TX  
Preceptor: Patricia A. Tabor, PharmD, BCPS  
♦ Medication Management Clinic (Diabetes Mellitus) ♦ Clinic Administration ♦ Evaluated patient labs ♦ Documented visit using SOAP format ♦ Communicated with healthcare providers
- January 2006 **Primary Care Rotation** ♦ Brackenridge, Austin, TX  
Preceptor: Carol Reagan, RPh  
♦ Disease state topic discussions ♦ Shadowed physician visits ♦ Developed Asthma/COPD action plans ♦ Assisted with indigent programs
- June 2006 **Primary Care Rotation** ♦ Brackenridge, Austin, TX  
Preceptor: Stacy Cavness, Pharm.D, CDE

## Elective Rotations

- November 2005 **Adult Medicine Rotation** ♦ St Davids's Hospital, Austin, TX  
Preceptor: May Mui, PharmD, BCPS  
♦ Adult Medicine Rounds ♦ Medication Management ♦ Provide drug information for Medical team ♦ Monitored & evaluated labs
- February 2006 **Infectious Disease Rotation** ♦ Brackenridge Hospital, Austin, TX  
Preceptor: Terry Jaso, PharmD, BCPS  
♦ Topic Discussions ♦ Reviewed antibiotic sensitivity reports
- March 2006 **Intensive Critical Care Unit Rotation** ♦ Brackenridge Hospital, Austin, TX  
Preceptor: Scott Bolster  
♦ ICU/ICM Rounds with medical team ♦ Medication Management ♦ Provided drug information for medical team ♦ Monitored & evaluated patient labs
- April 2006 **Leadership Rotation** ♦ Texas Pharmacy Association, Austin, TX  
Preceptor: Kim Roberson, RPh  
♦ Designed objectives for CE topics for upcoming Annual Meeting ♦ Helped establish ground work for Texas Pharmacy New Practitioners Leadership Conference
- May 2006 **Hematology Rotation** ♦ Austin, TX  
Preceptor: Carla Portnoy, RPh

## Teaching

- 2005-2006 **Instructor Appointment** ♦ The University of Texas at Austin College of Pharmacy, Austin, TX  
Preceptor: Debra A. Lopez, PharmD, CDE  
♦ Diabetes Elective ♦ Immunization Elective ♦ Introduction to Pharmacology ♦ Advanced Pharmacotherapy Lab ♦ Pharmacotherapy Noon Conference ♦ Diabetes Certification ♦ Federal Pharmacy Conference ♦ Precepting PharmD Interns on clinical rotations ♦ Educational In-services for
- 2005-2006 **Patient Assessment** ♦ The University of Texas at Austin College of Pharmacy, Austin, TX  
♦ Helped with patient assessment skills such as ears, nose, throat and immunizations

Spring 2006      **Advanced Pharmacotherapy** ♦ The University of Texas at Austin College of Pharmacy, Austin, TX  
♦Lead in group discussions ♦ Evaluated and graded journal clubs, mini-monographs and algorithms

## DOCTOR OF PHARMACY STUDENT ROTATIONS

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Summer 2004      **Ambulatory Care Medicine** ♦ *VA Clinics, El Paso, TX*  
Preceptors: Kim Ho, PharmD and Alicia Leroy, PharmD  
♦ Monitored patient labs and drug profiles ♦ Participated in DM, pain management, and warfarin clinics

Fall 2004      **Ambulatory Care Medicine** ♦ *El Paso Area Clinics, El Paso, TX*  
Preceptors: Jaime Anaya, PharmD and Jeri Sias, PharmD  
♦ Participated in HIV, DM, HTN, Hep-C and Asthma clinics ♦ Facilitated a DM/Nutrition Focus Group ♦ Performed basic patient assessments (vitals, foot exams)

Fall 2004      **Pediatric Oncology** ♦ *Providence Hospital, El Paso, TX*  
Preceptor: Bill Klein, RPh and Benjamin Carcamo, MD  
♦ Gathered information on drug trials ♦ Assisted with patient procedures  
♦ Attended oncology grand rounds

Fall 2004      **Community Pharmacy Practice** ♦ *McCrary's Pharmacy, El Paso, TX*  
Preceptor: Denise Ramos, PharmD and Greg McCrary, RPh  
♦ Compounded prescriptions ♦ Immunized patients

Spring 2005      **Institutional Pharmacy Practice** ♦ *R.E. Thomason Hospital, El Paso, TX*  
Preceptor: Myron Lewis, RPh  
♦ Developed online teaching tool for healthcare professionals on JCAHO standards

Spring 2005      **Acute Care-Internal Medicine** ♦ *R.E.Thomason Hospital, El Paso, TX*  
Preceptor: Robert Reilly, PharmD  
♦ Attended Medicine Rounds ♦ Advised team on Drug Interventions ♦ Presented Drug therapy in-services

Spring 2005      **Acute Care-Critical Care** ♦ *R.E. Thomason Hospital, El Paso, TX*  
Preceptor: José O. Rivera, PharmD  
♦ Attended Trauma/Surgery rounds

## OTHER PROFESSIONAL EXPERIENCE

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2008-present    Relief Pharmacist ♦ *Med-Time Pharmacy, El Paso, TX*  
2007-present    Relief Pharmacist ♦ *Centro San Vicente Pharmacy, El Paso, TX*  
2005-present    Relief Pharmacist ♦ *Costco Pharmacy# 681, El Paso, TX*  
2005-2006      Relief Pharmacist ♦ *Costco Pharmacy# 681, Austin, TX*  
2003-2005      Pharmacist Intern ♦ *Walgreens Pharmacy, El Paso, TX*  
2002-2003      Pharmacist Intern ♦ *Walgreens Pharmacy, Austin, TX*  
Helped community resident with osteoporosis, cholesterol, and hypertension screenings  
2000-2003      Pharmacist Intern ♦ *HEB Pharmacy, Austin, TX*  
Communicated and counseled patients in English and Spanish  
1999-2000      Pharmacy Technician ♦ *R.E. Thomason Hospital, El Paso, TX*  
Taught classes on glucometer use ♦ Worked with HIV program to help establish patient on drug coverage ♦ Organized and sent out drug mail orders ♦ Helped establish prescription assistance programs ♦ Developed policy and procedures manual for pharmacist training

## ORIGINAL RESEARCH

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- July 2005- June 2006 Perez M, Lopez D, "Evaluation of interventions and recommendations by clinical pharmacists in a family practice residency training program utilizing a PDA program for documentation." Blackstock Family Practice, Austin, TX
- Dec 2004-Jan 2005 Perez M, Demock D, Anaya J, "Assessing patient education/awareness in diabetes classes along the border." El Paso Diabetes Association, El Paso, TX

## RESEARCH

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- June 2007-May 2008 Kumar S, Melissa, Perez M, Blanco C, Zamarripa V, Sias J, " Federally Qualified Health Center on the U.S. / Mexico Border" Centro San Vicente Clinic, El Paso, TX
- Sept 2007-current Bazaldua O, Loya A, Perez M, Rudder V, Sias J, Rivera J, "Improving Community Pharmacists' Knowledge about Medications and Low Health Literacy in a United States-Mexico Border Community." UTEP/UT Austin Cooperative Pharmacy Program, El Paso, TX

## GRANTS

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- October 2007- April 2008 Smoke Free Grant
- 2007 Health Literacy Grant
- 2007-2008 Community Based Participatory Research Grant

## EDITORIAL BOARD

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Perez ME. Reviewer, Skin Disorders. *ASHP's PharmPrep, Interactive Case-based Board Review 3rd Edition*. American Society of Health-System Pharmacists, Bethesda, Maryland, (in press).

## DEVELOPMENT

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- 2007-present **Centro San Vicente Community Practice PGY1 Residency Program**
- 2007 **Disease State Management Pediatric Protocol (DSM) ),** Centro San Vicente Clinic, El Paso, TX  
Established and developed collaborative agreement between physicians and pharmacist for a pediatric protocol in Diabetes Mellitus, Asthma and Allergic Rhinitis
- 2006-2007 **Disease State Management Adult Protocol (DSM),** Centro San Vicente Clinic, El Paso, TX  
Established and developed collaborative agreement between physicians and pharmacist for a Pharmacotherapy Clinic in DSM of Diabetes, Hypertension, Asthma, Hyperlipidemia, Anticoagulation, Smoking Cessation and Immunization
- 2006 **Clinical Privileges,** Centro San Vicente Clinic, El Paso, TX
- 2006 **JCAHO Required Policy and Procedures,** Centro San Vicente Clinic, El Paso, TX  
Helped Pharmacist in Charge (PIC) develop Policy and Procedures for Class D and Class A Pharmacies
- 2006 **Refill Protocol,** Blackstock Family Practice, Austin, TX April 2006  
Helped develop Policy and Procedures ♦ Helped develop a Collaborative Practice Agreement
- 2006 **ASHP Accreditation,** Blackstock Family Practice, Austin, TX April 2006  
Helped with submission for accreditation to ASHP ♦ Helped with preparation for accreditation and future onsite visits

## PRESENTATIONS

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"Acne Vulgaris", WTPA Annual Meeting, El Paso, TX April 2007 CE Program

"Evaluation of interventions and recommendations by clinical pharmacists in a family practice residency training program utilizing a PDA program for documentation", TPA Annual Meeting, Woodlands, TX July 22, 2006

"Evaluation of interventions and recommendations by clinical pharmacists in a family practice residency training program utilizing a PDA program for documentation", Alcalde Conference, Galveston, TX March 31, 2006

"Past Pharmacy Scholar in a Residency", MAAPS meeting, University of Texas at Austin College of Pharmacy, Austin, TX March 23, 2006

"Lipodystrophy Associated with HIV therapy", Pharmacotherapy Conference, University of Texas at Austin College of Pharmacy, Austin, TX, February 24, 2006

"HIV associated Lipodystrophy", Pharmacotherapy Noon Conference, Blackstock Family Practice, Austin, TX February 2006

"Dermatology Lecture", Pharmacotherapy Noon Conference, Blackstock Family Practice, Austin, TX December 2005

"Residency Programs", UT-ASHP meeting, University of Texas at Austin, Austin, TX November 2005

"Diabetes Mellitus Treatment", Pre-Healthcare Student Lecture, University of Texas at Austin College of Pharmacy, Austin, TX Oct 2005

"Immunizations", Immunization Elective, University of Texas at Austin College of Pharmacy, Austin, TX Sept 2005

"Parkinson's Disease", Pharmacotherapy Noon Conference, Blackstock Family Practice, Austin, TX Sept 2005

"Traveling with Diabetes", Diabetes Pharmacy Elective, University of Texas at Austin College of Pharmacy, Austin, TX Aug 2005

"Service Learning", CE presentation, Texas Pharmacy Association annual meeting, San Antonio, TX July 2005

"Langerhan Cell Histiocytosis", Grand Rounds presentation, University of Texas at Austin/El Paso College of Pharmacy, El Paso, TX, Feb 2005

"Chart review: opportunistic infections in an HIV population," Ambulatory Care Rotation, University of Texas at Austin College of Pharmacy, El Paso, TX, Aug 2004

"Pharmacoeconomic cost savings in VA setting," Veterans Affairs Clinic, El Paso, TX, Aug 2004

## POSTER PRESENTATIONS

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"Celebrating Research", University of Texas at Austin College of Pharmacy, Austin, TX, April 2006

"Texas Society of Health-System Pharmacists Annual Meeting"  
Galveston, TX, March 2006

"American Society of Health-System Pharmacists Midyear Clinical Meeting"  
Las Vegas, NV, December 2005

"Celebrating Research", University of Texas at Austin College of Pharmacy, Austin, TX, April 2005

## CERTIFICATIONS

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Summer 2007	Dejate ese Vicio, Smoking Cessation Trainer
Fall 2005	Coagucheck® System Certification
Fall 2005	SureStep® Glucometer
Fall 2005	Diabetes Disease State Management, UT
Fall 2005	Preceptor Certification
Fall 2003	Immunization Certification, ASHP

## PROFESSIONAL MEMBERSHIPS/LEADERSHIP

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2006-present	Faculty Advisor for El Paso Student Pharmacist Association (EPSPA)
2006-2007	Faculty Advisor for UTEP Catholic Campus Ministry
2007-present	American College of Clinical Pharmacy (ACCP) ◆Member
2003-present	West Texas Pharmacy Association (WTPA) ◆ <b>Board of Director (Current)</b> ◆Board of director-student representative
2003-present	El Paso Pharmacy Association (EPPA) ◆ <b>President-Elect (Current)</b> ◆ Vice President ◆Membership Chair ( <i>Current</i> ) ◆Board of director ◆ Helped with West Texas Conference ◆ Participated and facilitated foot exams
2006-present	Texas Pharmacy Association (TPA) ◆ <b>Health System-Board of Director (Current)</b> ◆Academy of Students Chair ◆ <b>Academy of Clinical Pharmacist vice-chair (current)</b> ◆ Awards committee member ◆ Organized first DM/HTN screening at annual meeting ◆ Helped develop Pharmacist Image Project ◆ Helped organize first DM/HTN/Osteoporosis/Cholesterol screening at Lobby Day
2006-present	The University of Texas College of Pharmacy Alumni Association ◆ <b>El Paso Representative (current)</b>
2003-present	American Society of Health System Pharmacists (ASHP) ◆Member
2006-2007	Texas Society of Health-System Pharmacists (TSHP) ◆Member
2005-2006	Capital Area Pharmacist Association (CAPA) ◆Treasurer
2004-2005	UT-Austin Pharmacy Council ◆El Paso Area Class representative
2004-2005	El Paso Area Society of Health System Pharmacists (EPASHP) ◆Member
2003-2005	Mexican American Association of Pharmacy Students (MAAPS) ◆Fundraising co-chair
2001-present	American Pharmacists Association (APhA)
2001-2005	University of Texas Academy of Student Pharmacists (UT-ASP) ◆Operation Border Diabetes Co-Chair ◆ El Paso/Austin Liaison ◆ Historian ◆ Member of SPRN (Student Pharmacy Recovery Network) ◆ Publicity chair ◆ Participated in vial-for-life ◆ Coordinated food for academy meetings
2001-2005	Christian Pharmacist Fellowship International (CPFI)
2001-2002	Phi Delta Chi (PDC)

## COMMUNITY SERVICE

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Spring 2007	Smoking Cessation Health Fair-Centro San Vicente Clinic
Fall 2006	Immunization Clinic at Centro San Vicente Clinic-San Elizario
Spring 2006	Diabetes Alert Day- Diabetes Screening at East Community Clinic
2006	Samaritan Health Ministries (SHM) Volunteer Health Clinic
Fall 2005	American Diabetes Association Walk
2002-2005	UT-ASP Operation Border DM and HTN Screening Chair
2003-2005	El Paso Diabetes Association (Service Learning Project)
Fall 2002	Missionary to the Josiah and Bethany Children's Home in Reynosa, MX
Fall 2002	Vial of Life and Operation Immunizations Projects
Spring 2002	Phi Delta Chi Capital Area Food Bank OTC Sorting Project
2001-2002	Samaritan Health Ministries Volunteer Health Clinic

## **AWARDS AND HONORS**

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2007	Texas Pharmacy Association Leadership Institute
2006	Texas Pharmacy Association Residency Innovative Project
2005	Texas Pharmacy Association Innovative Project 3 <sup>rd</sup> place award
2005-present	Phi Lambda Sigma (PLS) National Pharmacy Leadership Honor Society
2003-2004	Texas Pharmacy Association Academy of the Year
2003-2004	Texas Pharmacy Foundation Scholarship Recipient
2003-2004	APhA Region VI Operation Diabetes Award
2002-2004	West Texas Pharmacy Association Scholarship Recipient

## **PROFESSIONAL WORKSHOPS AND COURSES**

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### **LANGUAGE**

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English and Spanish (verbal and written)

### **REFERENCES**

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Available upon request