General Mills-Quality & Regulatory Operations Intern Program
Deadline: early-Fall
Location: Multiple locations available

The QRO Intern program is designed to offer individuals an opportunity to actively participate in the quality management process at General Mills. Internships typically last two to three months and are located at a production facility based on the candidate’s educational background, skill sets, and career interests. The interns will lead key projects critical to the plants’ future success and business needs. Interns are responsible for managing and leading their projects throughout the program utilizing their technical aptitude and communication skills while interacting with many other functions within General Mills.

Requirements:
• Completed sophomore or junior year or currently enrolled in graduate program
• Major: Chemical Engineering, Industrial Engineering, Food Process Engineering, Materials Science, Food Science, Sensory Science, Microbiology, or Chemistry

Amount: Salary not disclosed

How to apply: Apply online

Apple Intern Program
Deadline: Varies
Location: Multiple locations available

At Apple, interns are an important part of the team. Whether interns sign on for a 12-week summer schedule or a 3- to 6-month co-op for school credit, interns are in for some amazing, real-world work experience. Interns work on actual projects, right alongside regular employees.

Requirements:
• Depends on internship position

Amount: Varies

How to apply: Apply online
Boeing Internships
Deadline: Varies
Location: Multiple locations available

The Boeing Company offers students a variety of opportunities to help support a wide range of business and engineering departments. Students gain hands on experience while helping meet customer needs and learning from experienced professionals.

Requirements:
• Depends on internship position

Amount: Varies

How to apply: Apply online
http://www.boeing.com/careers/collegecareers/

IBM Extreme Blue Internship Program
Deadline: Varies
Location: Multiple locations available

The Extreme Blue program is IBM's premier internship program for top-notch students pursuing software development and MBA degrees. Interns in this high-performance environment get to roll up their sleeves and work with "hot" technologies such as Cloud Computing, Web 2.0, and petabyte-scale data analysis. Preference is given to undergraduate and graduate candidates who are completing their studies within one year after the internship.

Requirements (technical candidates):
• Minimum of three months software development experience (Java™, Javascript, C++, C, or web-application development) in a commercial, research or open source setting.
• GPA : 3.0 on a 4.0 scale or 3.75 on a 5.0 scale
• Ability to turn ideas into reality when working closely with others in teams

Desired skills:
• Active contribution to professional communities (i.e. Open Source, IEEE, ACM, NSBE, SHPE, AISES, SWE, UPE, HKN, etc.)

Amount: IBM offers a competitive salary (based in part on current academic level) including relocation and housing assistance, overtime pay, paid holidays, sick leave, and much more.

How to apply: Apply online
Goldman Sachs – Summer Analyst Intern (Deadline: January-February)
Location: Varies

The earliest opportunity to join Goldman Sachs is as an intern. Goldman Sachs interns are currently pursuing a college, university, MBA or other advanced degree. Goldman Sachs offers internships to those who want jobs with real responsibility, outstanding training and the chance to learn from the best and brightest.

Goldman Sachs offers 10-week summer internship positions in their principal geographic locations. The summer analyst role is for candidates currently pursuing a college or university degree. The summer associate role is for candidates currently working toward an MBA or a more advanced degree.

Requirements:
- Interest in the financial market
- Have demonstrated strong academic performance and professional drive

Amount: Varies

How to apply: Apply online
http://www2.goldmansachs.com/careers/your-career/positions/intern/index.html

LIVESTRONG – Lance Armstrong Foundation
(Deadline: May, August, and December- depending on internship dates)
Location: Austin, Texas

Lance Armstrong’s Foundation LIVESTRONG offers unpaid internships to current students and recent graduates interested in learning the inner workings of a non-profit organization. Interns will experience one-on-one mentorship with a team member to gain hands-on experience in their areas of interest. Students have the options of applying to spring, summer, and fall internships. Interns have the possibility of working in various departments such as: Advocacy and Engagement, Mission, Development and Fundraising, Finance Administration, and People and Development.

Requirements:
- Applicants must be available to work 12-20 hours per week during regular business hours in Austin, Texas
- Must have excellent verbal and written communication skills and a high level of computer competency
- Should be self-motivated, organized, willing to help with any project no matter how large or small, and able to manage multiple priorities at once
• Must have a strong desire to make a difference, a passion for the LIVESTRONG mission, a positive attitude and an affinity for the color yellow.

• Applicants must be able to provide their own housing and transportation; mastery of parallel parking is a plus.

Amount: Unpaid

How to apply: Apply online
http://www.livestrong.org/Who-We-Are/Employment---Volunteering/Internships

Harpo Internship Program (Deadline: Varies)
Location: Illinois or New York

The Harpo Internship Program provides a learning platform for young professionals to explore the unique culture and environment at Harpo, Inc. The variety of positions will help interns understand how individual operations contribute to the production of a nationally syndicated talk show and other entertainment products.

Requirements:
• Students that are passionate for personal excellence and to make the world a better place.
• Depends on internship position

Amount: All Harpo Internships are paid.

How to apply: Apply online by searching by departments to locate open internships and express your interest by submitting your resume electronically.
http://www.harpocareers.com/Internships.aspx

The Charles B. Rangel International Affairs Program

The Rangel Program is a collaborative effort between Howard University and the U.S. State Department that seeks to attract and prepare outstanding young people for careers as diplomats in the Foreign Service of the U.S. Department of State.

There are two major components to the Rangel Program: an International Affairs Graduate Fellowship Program and an undergraduate International Affairs Summer Enrichment Program.
Summer Enrichment Program
Deadline: February

The Charles B. Rangel International Affairs Summer Enrichment Program is a six-week summer program designed to provide undergraduate students with a deeper appreciation of current issues and trends in international affairs, a greater understanding of career opportunities in international affairs, and the enhanced knowledge and skills to pursue such careers. The Program usually selects 15-20 participants (known as “Rangel Scholars”).

Requirements
- Full-time undergraduate students with GPA of at least 3.2
- Completed Sections with background information on the applicant, including work and volunteer experiences, international experiences and honors and awards.
- An interest statement (in 500 words or less)
- Transcript(s) from all colleges or universities that the applicant has attended
- Three letters of recommendation: Two from faculty members and one from a community leader familiar with the applicant's accomplishments
- Proof of U.S. citizenship with a copy of: Birth certificate, Certificate of U.S. citizenship or U.S. passport (choose one)

How to apply: Apply online at http://www.rangelprogram.org/index.cfm?session.areaid=2&contentid=684&typeid=CBRIAPSEP

The Thomas R. Pickering Foreign Affairs Fellowship
Deadline: February

The Thomas R. Pickering Undergraduate Foreign Affairs Fellowship program provides funding to participants as they are prepared academically and professionally to enter the United States Department of State Foreign Service.

Requirements
- United States citizen
- Applicants must be in the junior year of undergraduate study.
- Minimum GPA of 3.2 or higher
Amount:

$40,000 for one year

How to Apply: Apply online at

http://www.woodrow.org/higher-education-fellowships/foreign_affairs/pickering_undergrad/application.php

Additional Resources

www.internships.com
www.internshipfinder.com
www.usajobs.gov/studentjobs/